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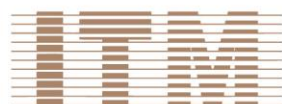
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## NAAC 2<sup>nd</sup> Cycle- Self Study Report

### Academic Year 2022-2023

<b>Criteria 3</b>	Research, Innovations and Extension
<b>Key Indicator – 3.6.</b>	Extension Activities
<b>3.6.1</b>	Number of extension and outreach programs conducted by the institution through organized forums like NSS/NCC with involvement of community year wise during the last five years
<b>3.6.2.1</b>	Number of extension and outreach programs conducted by the institution through organized forums including NSS/NCC with involvement of community year wise during the last five years.



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## OUTREACH PROGRAMS CONDUCTED BY THE INSTITUTION THROUGH NSS REPORT OF ACADEMIC YEAR 2022-2023

S.no	Activities	Date	Hyper link
1.	Plantation by Eco club and NSS	07/07/2022	<a href="#">View</a>
2	Report on World Heart Day	29/09/2022	<a href="#">View</a>
3	Gandhi Jayanti	02/10/2022	<a href="#">View</a>
4	Report on school health teaching in rora village	6/12/2022	<a href="#">View</a>
5	Rally on HIV/AIDS	01/12/2022	<a href="#">View</a>
6	Home survey and health education on HIV /AIDS in Rora village	02/12/2022	<a href="#">View</a>
7	Rangoli, Poster Competition and HIV/AIDS Awareness Program	05/12/2022	<a href="#">View</a>
8	BLOOD DONATION	13/12/2022	<a href="#">View</a>
9	National Youth day	12/01/2023	<a href="#">View</a>
10	Voters Day	25/01/2023	<a href="#">View</a>
11	Republic Day	26/01/2023	<a href="#">View</a>
12	VILLAGE SURVEY AT RORA VILLAGE	22/02/2023	<a href="#">View</a>
13	Awareness program on cyber crime	01/03/2023	<a href="#">View</a>
14	Cleaning of Venue	18/03/2023	<a href="#">View</a>
15	School health program	19/03/2023- 20/03/2023	<a href="#">View</a>
16	Maharajpur village visit by NSS Unit ITM University volunteers and discussion with females on menstrual hygiene, family planning	21/03/2023	<a href="#">View</a>
17	Expert lecture motivating nss volunteers and village visit for adolescent education	21/03/2023	<a href="#">View</a>
18	AWARENESS RALLY OF BETI BACHAVO BET PADA VO	22/03/2023	<a href="#">View</a>
19.	Historical Place Visit to Mitavali and Padavali	23/03/2023	<a href="#">View</a>
19	Mothers Day	14/05/2023	<a href="#">View</a>
20	Community Survey	27/05/2023- 29/05/2023	<a href="#">View</a>
21	World Tobacco Day awareness	31/05/2023	<a href="#">View</a>

## 1.Plantation by Eco club and NSS

**Date-07/07/2022**

### **Objective:**

The Plantation Drive, jointly organized by the Eco Club and NSS Unit of ITM University, was designed to address environmental concerns by fostering a culture of sustainability. The primary objective was to plant indigenous tree species, enhancing green cover, promoting biodiversity, and raising awareness about the importance of environmental conservation.

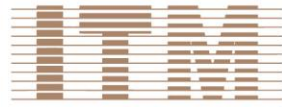
### **Program Report:**

The event commenced with an orientation session, providing participants with insights into the significance of afforestation and their role in mitigating climate change. Indigenous saplings were distributed among the 80 participants, consisting of 30 males, 35 females, and 15 faculty members, selected for their adaptability to the local ecosystem. Teams were formed to ensure systematic planting across the designated area.

Participants actively engaged in the plantation process, meticulously digging pits and ensuring proper spacing between saplings. Educational sessions and interactive discussions further enriched the program, fostering a deeper understanding of environmental stewardship. Post-plantation, participants were briefed on the importance of tree care, emphasizing regular watering and protection from external threats.

### **Impact of Program:**

The Plantation Drive yielded significant positive impacts on both the environment and the university community. Increased green cover enhanced the campus aesthetics while promoting biodiversity conservation. The planted trees will contribute to carbon sequestration, aiding in climate change mitigation. Furthermore, the program facilitated community engagement, strengthening the bond between students, faculty, and volunteers. Educational outreach activities heightened environmental awareness, fostering a sense of responsibility towards sustainable practices.

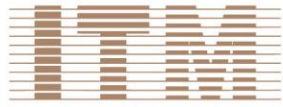


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In conclusion, the collaborative efforts of the Eco Club and NSS Unit exemplify the university's commitment to environmental sustainability. The active participation of students, faculty, and volunteers underscores the collective responsibility towards nurturing a greener future. Moving forward, it is imperative to sustain these efforts through continued tree care and the initiation of further conservation initiatives. more than 100 trees were planted in the University campus and adopted rural village.

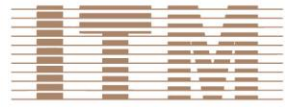




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Photos of Plantation

## **2.Report on World Heart Day**

Date-29/09/2022

Venue-JH Hospital

Objective:

The World Heart Day event, organized in collaboration by the NSS Unit and school of nursing science at JH Hospital Premises, aimed to raise awareness about cardiovascular health and promote healthy lifestyle choices among the community. The primary objective was to educate individuals about the risk factors associated with heart disease and empower them with knowledge to prevent cardiovascular ailments.

Program Report:

The event commenced with an inauguration ceremony, featuring speeches from healthcare professionals highlighting the significance of heart health. Various interactive sessions, workshops, and demonstrations were organized throughout the day to disseminate information on heart-healthy habits, such as regular exercise, balanced diet, stress management, and smoking cessation.

Health screenings, including blood pressure checks, cholesterol tests, and BMI assessments, were conducted by medical professionals to detect early signs of heart disease and provide personalized health advice to attendees. Additionally, informative pamphlets, brochures, and posters were distributed to reinforce key messages on heart health.

The volunteers of NSS ITM University in collaboration with school of nursing took part in the World Heart Day where students educated the public of Gwalior on risks of cardiac attacks and focused on the prevention, they also emphasised on the cardio pulmonary resuscitation, diet in prevention. 15 boys and 10 girls with 1 teacher took part in the programme.

Impact of Program:

The World Heart Day event had a profound impact on the community, raising awareness and empowering individuals to take proactive steps towards improving their heart health. Health screenings facilitated early detection of risk factors, enabling participants to make informed decisions about their lifestyle and seek appropriate medical attention if necessary.

Furthermore, the event fostered a sense of community engagement, with attendees actively participating in educational sessions and interactive activities. The dissemination of accurate information helped dispel myths and misconceptions surrounding heart disease, promoting a culture of preventive healthcare within the community.

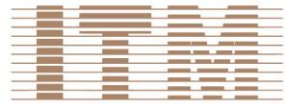
### Participation Statistics:

A total of 25 individuals participated in the World Heart Day event, comprising 15 males, 10 females, and 1 faculty members from JH Hospital. The diverse participation reflects the inclusive nature of the program, catering to individuals of all ages and backgrounds.

In conclusion, the World Heart Day event organized by the NSS Unit at JH Hospital Premises successfully achieved its objectives of raising awareness about cardiovascular health and promoting healthy lifestyle choices. The collaborative efforts of healthcare professionals, volunteers, and participants have contributed to building a healthier and more informed community. Continued initiatives focusing on preventive healthcare are essential for combating the growing burden of cardiovascular disease.







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**Photos of students educating the Public and Demonstrating CPR**

## 3.GANDHI JAYANTI

Date-02/10/2022

Venue- Phool Bhag Gandhi Garden

### **Objective:**

The Gandhi Jayanti Prabhat Pheri organized by ITM University aimed to commemorate the birth anniversary of Mahatma Gandhi and promote his principles of truth, non-violence, and social harmony. The primary objective was to instill Gandhian values among the university community and inspire individuals to embody his teachings in their daily lives.

### **Program Report:**

The event commenced with a ceremonial flag hoisting and floral tribute to Mahatma Gandhi, followed by a Prabhat Pheri (morning procession) around the university campus. Participants, including students, faculty, and staff, dressed in traditional attire, carried placards and banners bearing quotes and messages of peace and unity inspired by Mahatma Gandhi.

Throughout the Prabhat Pheri, volunteers engaged in soulful renditions of Gandhi's favorite bhajans and recitations of his speeches, creating a reverential atmosphere reminiscent of his ideals. Educational displays and exhibitions showcasing Gandhian philosophy, his life, and contributions were also arranged to provide deeper insights into his legacy.

### **Impact of Program:**

The Gandhi Jayanti Prabhat Pheri had a profound impact on the university community, fostering a sense of unity and reverence towards Mahatma Gandhi's teachings. Participants gained a deeper understanding of Gandhian principles and their relevance in contemporary society, inspiring them to reflect on their actions and embrace values of truth, simplicity, and service.

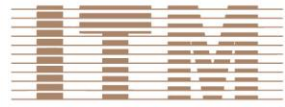
The event also served as a platform for cultural exchange and dialogue, bringing together individuals from diverse backgrounds to celebrate a shared heritage of peace and non-violence. By commemorating Gandhi Jayanti in such a meaningful manner, the program contributed to the preservation and propagation of Gandhian ideals among the younger generation.

### Participation Statistics:

A total of 500 individuals participated in the Gandhi Jayanti Prabhat Pheri, including 500 males, 200 females, and 200 faculty members from ITM University. The balanced representation across gender and faculty demonstrates the inclusive nature of the event and the universality of Mahatma Gandhi's message.

In conclusion, the Gandhi Jayanti Prabhat Pheri organized by ITM University successfully achieved its objective of promoting Gandhian values and fostering a culture of peace and harmony within the university community. The event served as a poignant reminder of Mahatma Gandhi's enduring legacy and his timeless relevance in shaping a better world.





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Photos of prabhat pheri

02 नईदुनिया  
ग्वालियर, सोमवार 03 अक्टूबर, 2022  
नई सोच, नया अंदाज

# नईदुनिया

## आइटीएम यूनिवर्सिटी ने निकाली प्रभात फेरी, शहरवासियों के मन में जागा देशप्रेम

ग्वालियर (नईदुनिया प्रतिनिधि)। आगे-आगे कदम बढ़ाते देश की ताकत युवा, उनके पीछे शिक्षा के साथ कर्तव्य का भी पाठ पढ़ाने वाले कई शिक्षक व महात्मा गांधी के अनुयायी शहर के सैकड़ों प्रबुद्धजन। ये सभी एक कतार में कदमबद्ध हो, हाथ में महात्मा गांधी के चित्र और उनके विचारों की तख्तियां उठाए बढ़े चले जा रहे थे। उनके साथ सबसे आगे हाथों में तिरंगा धामे एनसीसी के आर्मी और नेवल कैडेट्स।

नजारा था गांधी जयंती के मौके पर आइटीएम यूनिवर्सिटी द्वारा निकाली गई प्रभात फेरी का। लगभग दो किमी लंबी प्रभात फेरी में 1400 सदस्य शामिल हुए। प्रभात फेरी सुबह छह बजे विवेकानंद चौराहा, चेतकपुरी से प्रारंभ होकर विवेक बिहार, बसंत विहार होते हुए गांधी उद्यान, फूलबाग चौराहे पर पहुंची।

प्रभात फेरी में आइटीएम यूनिवर्सिटी, आइटीएम ग्वालियर, आइटीएम ग्लोबल स्कूल के विद्यार्थी, एनसीसी कैडेट्स, एनएसएस कार्यकर्ता, स्टाफ, आइटीएम हास्पिटल स्टाफ व अन्य शहरवासी शामिल हुए। समापन सत्र के दौरान फूलबाग मैदान कार्यक्रम रखा गया। यहां गांधीजी की प्रतिमा पर आइटीएम यूनिवर्सिटी के वाइस चांसलर डा. एसएस भाकर ने माल्यार्पण किया। मुख्य अतिथि वरिष्ठ साहित्यकार व प्रेमचंद सुजनपीठ उज्जैन के पूर्व निदेशक जगदीश तोमर ने ने कहा कि गांधीजी कर्म में विश्वास करते थे। उनसे न केवल भारत ने नहीं, बल्कि दुनिया के अन्य देशों ने प्रेरणा लेकर स्वतंत्रता का संघर्ष किया है। खादी प्रयोग के कारण भारत के लोगों को भी रोजगार मिला। आइटीएम यूनिवर्सिटी के चांसलर डा. दौलत सिंह चौहान ने कहा कि गांधीजी का प्रभाव सिर्फ भारत ही नहीं बल्कि पूरी दुनिया में है। गांधीजी कर्म में ज्यादा विश्वास रखते थे। इस मौके पर जयंत सिंह तोमर, सुभाष अरोरा, रजिस्ट्रार डा. ओमवीर सिंह, डीन स्टूडेंट वेलफेयर डा. आनंद पांडे मौजूद थे।



गांधी जयंती पर प्रभात फेरी निकालती एनसीसी कैडेट्स। • नईदुनिया

### Media Coverage

## 4.REPORT ON SCHOOL HEALTH TEACHING IN RORA VILLAGE

Date-6/12/2022

Venue-Rora Village

### **Objective:**

The School Health Teaching initiative, organized by the NSS Unit of ITM University in Rora Village, aimed to improve the health and well-being of school children through education and awareness. The primary objective was to empower students with knowledge and skills to adopt healthy behaviors and prevent common health issues.

### **Program Report:**

The program began with a needs assessment to identify prevalent health concerns among school children in Rora Village. Based on the findings, a series of interactive sessions were designed covering topics such as personal hygiene, nutrition, sanitation, and preventive healthcare. Volunteers from the NSS Unit conducted engaging activities, demonstrations, and discussions to impart health education effectively.

The sessions were tailored to the age and comprehension level of the students, ensuring maximum participation and retention of key messages. Additionally, informative materials such as posters, leaflets, and visual aids were distributed to reinforce learning and serve as reminders of healthy practices.

### **Impact of Program:**

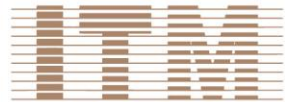
The School Health Teaching initiative had a significant impact on the students of Rora Village, empowering them with knowledge and skills essential for maintaining good health. Participants demonstrated improved understanding and awareness of hygiene practices, nutrition guidelines, and preventive healthcare measures.

Furthermore, the program fostered a positive attitude towards health among the students, encouraging them to adopt healthy behaviors and serve as health ambassadors within their families and communities. By addressing health issues at an early age, the initiative aimed to contribute to long-term improvements in the health outcomes of the village population.

### **Participation Statistics:**

A total of 45 students participated in the School Health Teaching program, comprising 30 males and 15 females, from primary and secondary schools in Rora Village. Additionally, 2 faculty members from the NSS Unit of ITM University volunteered their time and expertise to facilitate the sessions, ensuring the effective delivery of health education.

In conclusion, the School Health Teaching initiative organized by the NSS Unit of ITM University exemplifies the importance of community engagement and education in promoting health and well-being. By equipping students with essential health knowledge and skills, the program lays the foundation for a healthier and more resilient future generation in Rora Village.



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The volunteers nursing of NSS ITM University took part in the school education programme where the volunteers went to the school and educated children on basic hygiene, pubertal changes and education importance. A total number of 15 girls and 13 boys with two teachers were involved in the programme.



## 5.5 Days HIV/AIDS Awareness Drive 01/12/2022 to 05/12/2022

### RALLY ON AIDS

Date-01/12/2022

Venue-Shinde ki chavani

#### **Objective:**

The HIV/AIDS Rally was organized with the objective of raising awareness about HIV/AIDS, dispelling myths and misconceptions, promoting prevention strategies, and reducing stigma associated with the disease.

#### **Program Report:**

The rally commenced with an inaugural ceremony, featuring speeches from healthcare professionals, community leaders, and individuals living with HIV/AIDS. Participants, including students, faculty, staff, and volunteers, marched through the streets carrying banners, placards, and informational pamphlets, chanting slogans to raise awareness about HIV/AIDS.

Along the route, volunteers distributed educational materials containing information on prevention methods, testing services, treatment options, and support resources available for those affected by HIV/AIDS. Interactive sessions were also conducted at designated stops, where participants could engage in discussions, ask questions, and share personal experiences related to HIV/AIDS.

The rally culminated in a closing ceremony, where attendees were encouraged to pledge their commitment to supporting those affected by HIV/AIDS, combating stigma, and advocating for greater access to healthcare services.

#### **Impact of Program:**

The HIV/AIDS Rally had a profound impact on the community, fostering greater awareness and understanding of the disease. Participants gained valuable knowledge about HIV/AIDS transmission, prevention, and treatment, empowering them to make informed decisions regarding their sexual health.

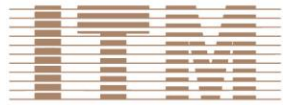


Moreover, the rally served as a platform for dialogue and solidarity, bringing together individuals from diverse backgrounds to unite against HIV/AIDS stigma and discrimination. By openly discussing the challenges faced by those living with HIV/AIDS, the rally helped to humanize the disease and promote empathy and compassion within the community.

**Participation Statistics:**

A total of 115 individuals participated in the HIV/AIDS Rally, including 70 males, 40 females, and 5 faculty members from various departments of the university. The balanced representation across gender and faculty underscores the inclusive nature of the event and the collective commitment to addressing the HIV/AIDS epidemic.

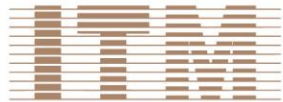
In conclusion, the HIV/AIDS Rally organized by the university successfully achieved its objectives of raising awareness, promoting prevention strategies, and reducing stigma associated with HIV/AIDS. Through collective action and community engagement, the rally contributed to building a more compassionate and supportive environment for individuals affected by HIV/AIDS.



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## **6.HOME SURVERY AND HEALTH EDUCATION ON HIV /AIDS IN RORA VILLAGE**

**Date- 02/12/2022**

**Venue- Rora Village**

### **Objective:**

The Home Survey and Health Education initiative in Rora Village aimed to assess the knowledge and awareness of HIV/AIDS among villagers, provide education on prevention and transmission, offer support to those affected, and reduce stigma associated with the disease.

### **Program Report:**

The program began with a team of volunteers conducting a comprehensive home survey in Rora Village to identify households affected by or at risk of HIV/AIDS. During the survey, volunteers engaged with residents to gather information on their understanding of HIV/AIDS, access to healthcare services, and any challenges they faced related to the disease.

Following the survey, health education sessions were organized for villagers, covering topics such as HIV/AIDS transmission, prevention methods, stigma reduction, and available support services. Interactive discussions, informative presentations, and Q&A sessions were conducted to ensure effective dissemination of information and address any misconceptions or concerns.

### **Impact of Program:**

The Home Survey and Health Education initiative had a significant impact on the villagers of Rora Village. Participants reported increased knowledge and awareness of HIV/AIDS, improved understanding of prevention strategies, and reduced stigma towards those affected by the disease.

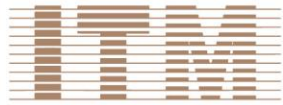
Moreover, the program facilitated greater access to healthcare services for individuals in need, encouraged open dialogue about HIV/AIDS within the community, and fostered a supportive environment for those affected by the disease.

### **Participation Statistics:**

A total of 30 volunteers, including 35 males and 27 females, participated in the Home Survey and Health Education program in Rora Village. Additionally, 2 faculty members from the university provided guidance and support throughout the initiative, ensuring its successful implementation.

In conclusion, the Home Survey and Health Education initiative in Rora Village successfully achieved its objectives of raising awareness, providing education, and reducing stigma associated with HIV/AIDS. Through community engagement and support, the program contributed to improving the health and well-being of villagers affected by or at risk of HIV/AIDS.

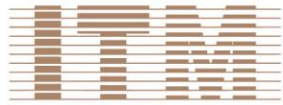




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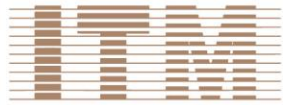




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## 7.Rangoli, Poster Competition and HIV/AIDS Awareness Program

Date-05/12/2022

Venue- Aruna Asif Ali seminar hall

### **Objective:**

The Rangoli, Poster Competition and HIV/AIDS Awareness Program for Adolescents aimed to promote cultural expression through art while concurrently educating adolescents about HIV/AIDS prevention, transmission, and stigma reduction.

### **Program Report:**

The event commenced with a vibrant Rangoli, Poster competition, attracting participation from adolescents across the community. As participants showcased their artistic talents, educational booths were set up to provide information and resources on HIV/AIDS. Trained volunteers and healthcare professionals facilitated interactive sessions, disseminating knowledge on safe practices, testing, and support services available for those affected by HIV/AIDS.

Educational materials such as pamphlets, brochures, and posters were distributed to reinforce key messages and encourage further learning. Additionally, informative sessions were conducted to address misconceptions, reduce stigma, and promote empathy towards individuals living with HIV/AIDS.

### **Impact of Program:**

The Rangoli, poster Competition and HIV/AIDS Awareness Program had a profound impact on the adolescents in attendance. Participants gained a deeper understanding of HIV/AIDS, including its transmission modes, prevention methods, and the importance of compassionate support for affected individuals.

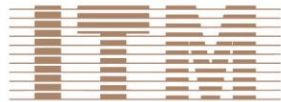
Moreover, the event facilitated open dialogue and discussions, allowing adolescents to ask questions, share concerns, and dispel myths surrounding HIV/AIDS. By providing accurate

information and fostering a supportive environment, the program contributed to reducing stigma and promoting healthier attitudes towards sexual health and well-being among adolescents.

**Participation Statistics:**

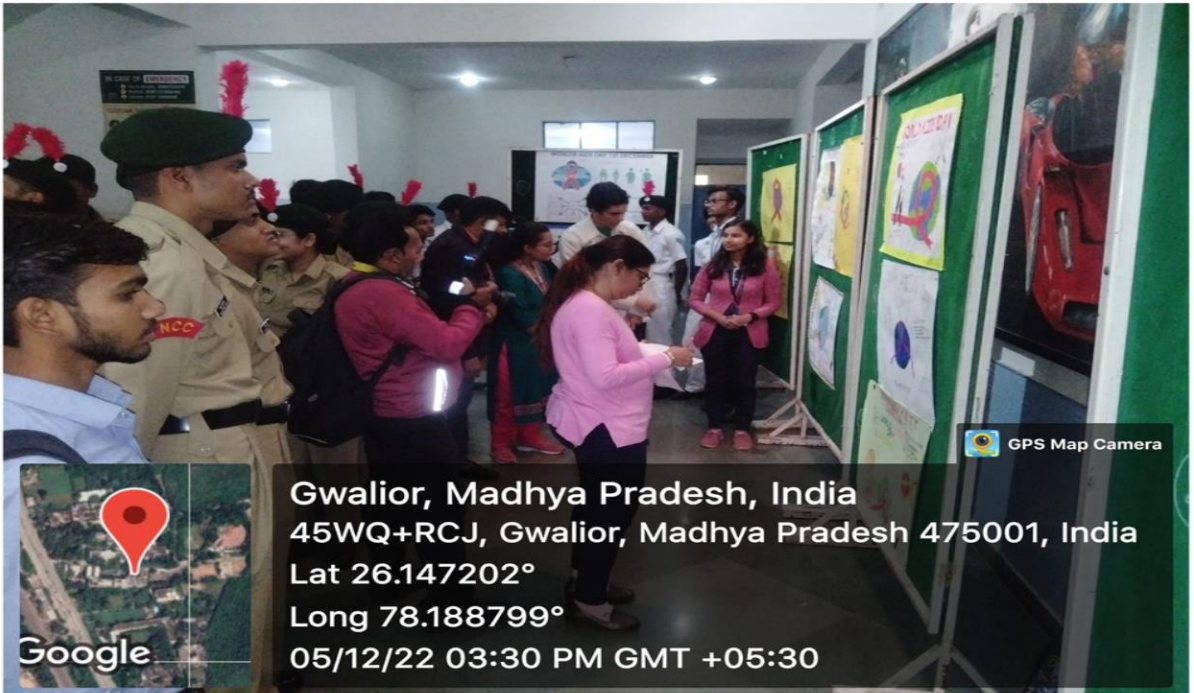
A total of 80 adolescents participated in the Rangoli, poster Competition and HIV/AIDS Awareness Program, comprising 40 males and 40 females, from local schools and youth organizations. Additionally, 5 faculty members from the organizing committee and healthcare professionals provided guidance and expertise throughout the event, ensuring its success.

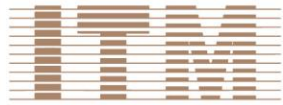
In conclusion, the Rangoli, poster Competition and HIV/AIDS Awareness Program effectively achieved its objectives of promoting cultural expression and educating adolescents about HIV/AIDS. Through creative engagement and informative sessions, the program empowered adolescents to make informed decisions regarding their sexual health and fostered a more inclusive and supportive community environment.



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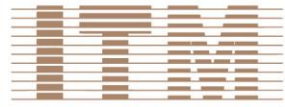




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## **8.BLOOD DONATION**

**Date-13/12/2022**

**Venue-ITM Hospital**

**Report on Blood Donation Drive by NSS Unit of ITM University in Collaboration with HDFC Bank**

**Objective:**

The Blood Donation Drive, organized by the NSS Unit of ITM University in collaboration with NCC Wings of ITM University ,Indian Red cross and HDFC bank jointly organised blood donation camp in ITM Hospital. HDFC Bank, aimed to address the critical shortage of blood supply in local hospitals and promote a culture of voluntary blood donation among students, faculty, and staff.

**Program Report:**

The event commenced with a registration process where potential donors underwent a brief medical screening to ensure eligibility for blood donation. Trained healthcare professionals from HDFC Bank supervised the donation process, ensuring adherence to safety protocols and standards.

Simultaneously, awareness sessions were conducted to educate participants about the importance of blood donation, its impact on saving lives, and the safety measures in place to protect both donors and recipients. Additionally, informational materials were distributed to address common misconceptions and alleviate any fears or concerns among potential donors.

Throughout the day, volunteers from the NSS Unit facilitated the smooth operation of the blood donation drive, providing assistance to donors and ensuring a comfortable experience. Refreshments were also provided to donors following their donation to replenish energy levels and promote post-donation recovery. Around 200 plus blood donors donated the blood on this mega event.

### **Impact of Program:**

The Blood Donation Drive had a significant impact on both the university community and the local healthcare system. By mobilizing voluntary blood donors, the drive helped replenish blood banks, ensuring an adequate supply of blood for patients in need of transfusions.

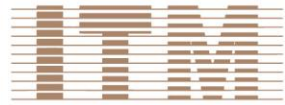
Moreover, the event raised awareness about the importance of regular blood donation and dispelled myths and misconceptions surrounding the process. Participants gained a deeper appreciation for the lifesaving impact of blood donation and expressed a willingness to continue supporting similar initiatives in the future.

### **Participation Statistics:**

A total of 200 individuals participated in the Blood Donation Drive, including 170 males and 30 females, from various departments of ITM University. Additionally, 5 faculty members from the university and healthcare professionals from HDFC Bank were actively involved in organizing and supervising the event.

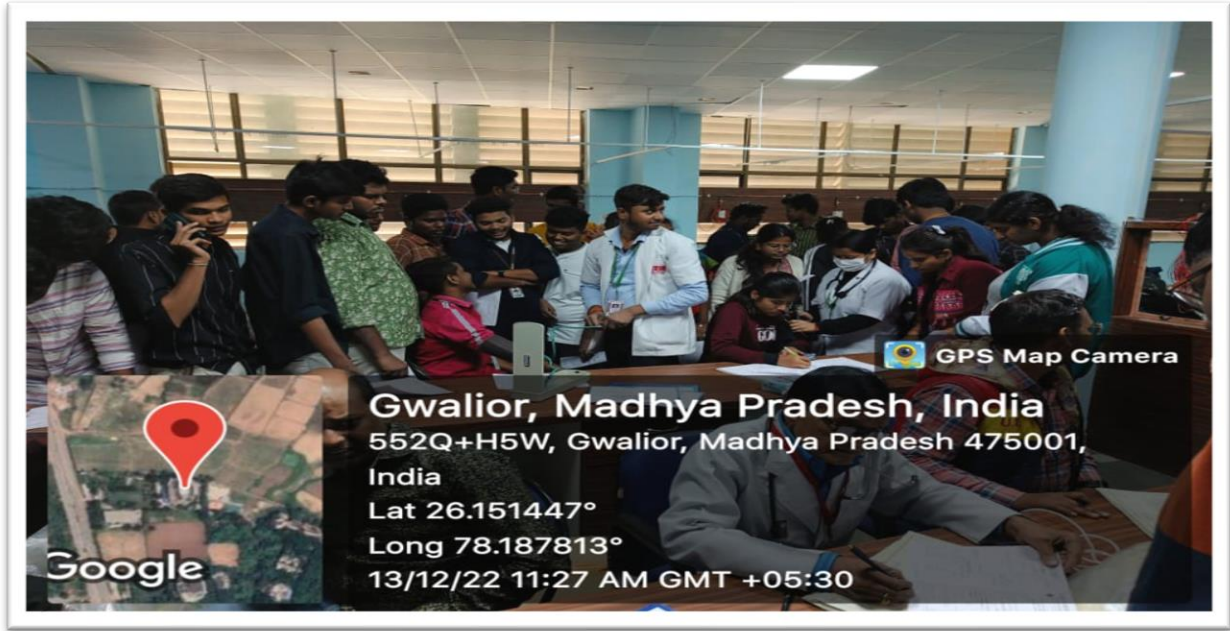
In conclusion, the Blood Donation Drive organized by the NSS Unit of ITM University in collaboration with HDFC Bank successfully achieved its objectives of promoting voluntary blood donation and addressing the critical shortage of blood supply in local hospitals. Through collective efforts, the drive made a tangible difference in saving lives and fostering a culture of altruism and compassion within the university community.

The collaborators appreciated the efforts of the organizers and the donors. For donors appreciation certificate, gift , fruits, biscuits were also distributed.

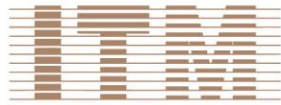


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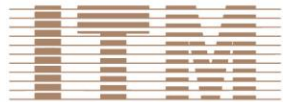




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## 9.NATIONAL YOUTH DAY

Date-12/01/2023

Venue- NAAD amphitheatre Sithouli

### **Objective:**

The National Youth Day Expert Talk by Dr. Kanak Tiwari aimed to inspire and empower youth with insights on personal development, leadership, and social responsibility in commemoration of Swami Vivekananda's birth anniversary.

### **Program Report:**

Dr. Kanak Tiwari, a renowned expert in youth development, delivered an engaging talk at the university NAAD auditorium, focusing on the relevance of Swami Vivekananda's teachings in modern-day contexts. The session covered topics such as self-confidence, goal-setting, and community service, drawing parallels between Vivekananda's philosophy and contemporary challenges faced by youth.

Dr. Tiwari emphasized the importance of cultivating a positive mindset, embracing diversity, and harnessing one's potential to drive positive change in society. Interactive discussions and Q&A sessions allowed participants to explore key concepts further and seek guidance on personal and professional development. . Also volunteers of NSS participated in rally with NSS Nodal Unit Jiwaji University and 50 girls, 115 boys participated in the event.

### **Impact of Program:**

The National Youth Day Expert Talk left a lasting impact on the audience, inspiring them to reflect on their values, aspirations, and contributions to society. Participants gained valuable insights into leadership qualities, ethical values, and the significance of service-oriented leadership in shaping a better future.

Moreover, the talk served as a catalyst for personal growth and self-reflection, motivating attendees to pursue their goals with passion and determination. Dr. Tiwari's inspirational

message resonated with both male and female participants, fostering a sense of unity and purpose among the youth.

**Participation Statistics:**

A total of 1000 individuals attended the National Youth Day Expert Talk, including 700 males and 300 females, representing various departments and student organizations within the university. Additionally, 300 faculty members participated played a crucial role in organizing and facilitating the event, ensuring its success.

In conclusion, the National Youth Day Expert Talk by Dr. Kanak Tiwari served as a platform for empowerment, enlightenment, and inspiration for the youth. By imparting timeless wisdom and practical advice, the talk contributed to nurturing future leaders and change-makers committed to realizing Swami Vivekananda's vision of a harmonious and progressive society.

स्वदेश 04  
ग्वालियर, बुधवार 13 जनवरी 2023

# मेरे विवेकानंद वह थे जो सवाल करते थे : तिवारी



## आईटीएम में स्वामी विवेकानंद स्मारक व्याख्यान (प्रथम) का आयोजन

नगर संवाददाता ■ ग्वालियर

आईटीएम विश्वविद्यालय द्वारा स्वामी विवेकानंद स्मारक व्याख्यान (प्रथम) का आयोजन सिधौली परिसर स्थित नाद मंडप में किया गया। जहाँ विख्यात लेखक, सविधान विशेषज्ञ और स्वामी विवेकानंद, महात्मा गांधी, नेहरू और डॉ. लोहिया के अध्येता केनक तिवारी बतौर मुख्य वक्ता शामिल हुए। कार्यक्रम की अध्यक्षता रमार्शकर सिंह, संस्थापक कुलाधिपति आईटीएम यूनिवर्सिटी ग्वालियर ने की।

कार्यक्रम को संबोधित करते हुए श्री तिवारी ने कहा कि मेरे विवेकानंद वह थे जो सवाल करते थे। रामकृष्णदेव को उन्होंने सहज ही गुरु नहीं बनाया था। वह तो उनसे सवाल पूछने गए थे कि मैं विज्ञान का विद्यार्थी हूँ। मैं आपसे पूछने आया हूँ कि आपने ईश्वर को देखा है। रामकृष्ण जी ने जो बात बताई उससे वह काफी प्रभावित हुए। आईटीएम के संस्थापक कुलाधिपति रमार्शकर सिंह ने युवाओं को संदेश देते हुए कहा कि आज युवा दिवस है। इसके साथ ही आज कुमार गंधर्व जी का भी जन्म दिवस है। उनका भी ग्वालियर से वास्ता रहा है। मूर्धन्य गायक कुमार गंधर्व जी हमेशा ही बिना किसी बंधन के सिर्फ स्वच्छंद रूप से ही गाया है। उसी प्रकार आप विद्यार्थियों को अपने जीवन में बिना किसी बंधन के, बिना किसी भय के शिक्षा प्राप्त करना चाहिए और अपने ज्ञान और अनुभव प्रदर्शन स्वच्छंद रूप से बिना किसी दबाव के करना चाहिए। इस अवसर पर आईटीएम यूनिवर्सिटी के कुलपति प्रो. एसएस भाकर, सम-कुलपति डॉ. एसएन खेडकर, आईटीएम की डायरेक्टर डॉ. मीनाक्षी मजूमदार, कुलसचिव डॉ. ओमवीर सिंह, आईटीएम ग्लोबल के प्राचार्य सुजाश भट्टाचार्य मौजूद रहे। आईटीएम जीओआई की डॉ. मीनाक्षी मजूमदार ने सभी अतिथियों का स्वागत किया। कार्यक्रम का संचालन जयंत सिंह तोमर ने एवं आभार उप-कुलसचिव अनिल माथुर ने व्यक्त किया।

13/01/2023 06

# पत्रिका

youth day आइटीएम यूनिवर्सिटी में प्रख्यात लेखक कनक तिवारी ने कहा...

## बचपन में विवेकानंद ने मां से कहे अपशब्द तो पिता ने लिख दिया दीवार पर, फिर माफी मांग ली कसम

पत्रिका plus रिपोर्ट

ग्वालियर एक बार स्वामी विवेकानंद ने अपनी मां को अपशब्द कहे थे, उस समय उनके पिता ने घर के बाहर छोटा सा कागज लिखा दिया था कि यह नोट रखा है, जो कभी-कभी अपनी मां से अपशब्द कहता है। जब यह बात नोट के दोस्तों ने पढ़ी और उनसे कहा कि तुम अपनी मां से अपशब्द भी कहते हो। तब नोट को अपनी गलती का अहसास हुआ और उन्होंने मां से माफी मांगी और कसम खाई कि कभी भी किसी से भी मैं अब अपशब्द नहीं कहूंगा। यह प्रसंग प्रख्यात लेखक, संविधान विशेषज्ञ और स्वामी विवेकानंद, महात्मा गांधी, नेहरू व डॉ. जे.ए. के. अशोक कनक तिवारी ने स्टूडेंट्स को संबोधित करते हुए युवा दिवस पर कही। यह कार्यक्रम आइटीएम यूनिवर्सिटी के नाट्य एम्पेथिअटोर में आयोजित किया गया। संचालन जयवंत सिंह तोंबर ने किया एवं आभार उप कुलसचिव अनिल माधुर ने व्यक्त किया।



### जहाज पर विवेकानंद ने विज्ञान संस्थान खोलने की कही थी बात

कनक तिवारी ने बताया कि मैं आपको 1883 की बात बता रहा हूँ। उस समय संसार कागज नहीं थी। स्वामी विवेकानंद ने तय किया कि मैं भारत की यात्रा करूंगा। भारत को समझने के लिए उन्होंने 8 साल यात्रा की थी। तब उन्होंने देखा कि गरीबी क्या

होती है, हिंसा क्या होती है। इसी दौरान शिकागो धर्म सम्मेलन में जाने का विचार किया। उनके पास रुपए नहीं थे। तब साधु-संतों ने घर-घर जाकर रुपए एकत्रित किए, जिस जहाज पर वह सवार थे, उसी में एक व्यक्ति मिला। जिससे उन्होंने कहा कि आप

भारत में विज्ञान का एक संस्थान खोलिए। देश का भला होगा। कुछ समय के बाद उस व्यक्ति ने चिट्ठी लिखी अब मैं विज्ञान संस्थान खोल रहा हूँ। इंडियन इंस्टीट्यूट ऑफ साइंस बैंगलूरु विवेकानंद के कारण ही खुला है। जमशेद टाटा ने बनवाया है।



### शिकागो सम्मेलन में संदेश दिया-बहिष्कार नहीं स्वीकार करिए

स्वामी विवेकानंद ने शिकागो सम्मेलन में कहा कि मैं उस देश का निवासी हूँ, जिसकी देववानी संस्कृत है, जिसमें बहिष्कार शब्द का अन्वय ही नहीं होता। उन्होंने यह संदेश दिया कि हमें बहिष्कार नहीं करना चाहिए, स्वीकार करना चाहिए।

### वॉट्सऐप पर फैलाए झूठ को सच न मानें



आइटीएम यूनिवर्सिटी के संस्थापक कुलाधिपति रमेशचंद्र सिंह ने कहा कि विवेकानंद को सच्चा-सच्चा सुनना है। तो उसे सच न माने जो-वॉट्सऐप पर है। चाणक्य के नाम से कुछ भी वॉट्सऐप पर खूब झूठ फैलाया जा रहा है। जब आप पढ़े लिखे होने का यह दावा कर रहे हो, तो अर्थवैक्य सच को समझो। विवेकानंद ने कहा था कि हम सहिष्णुता में भरोसा नहीं करते, बल्कि हम सभी धर्मों को सत्य का प्रतीक मानकर स्वीकार करते हैं।

# दैनिक भास्कर

ग्वालियर, शक्रवार, 13 जनवरी 2023

## राष्ट्रीय युवा दिवस के उपलक्ष्य में आयोजन आईटीएम यूनिवर्सिटी में हुआ विवेकानंद स्मारक व्याख्यान

ग्वालियर | आईटीएम यूनिवर्सिटी ग्वालियर में पहले स्वामी विवेकानंद स्मारक व्याख्यान का आयोजन सिथौली परिसर स्थित नाद मंडप में हुआ। इसमें बतौर मुख्य वक्ता विख्यात लेखक, संविधान



विशेषज्ञ और स्वामी विवेकानंद, महात्मा गांधी, नेहरू और डॉ. लोहिया के अध्येता कनक तिवारी मौजूद रहे। उन्होंने कहा कि मेरा विवेकानंद वो नहीं है कि जो भगवा कपड़े पहनता है। मेरा

विवेकानंद वो नहीं है जो उपदेश देता है। मैं विवेकानंद के नए रूप और उनके सच्चे विचारों की बात करने आया हूँ।

कार्यक्रम में आईटीएम यूनिवर्सिटी के संस्थापक कुलाधिपति रमाशंकर सिंह ने कहा कि विवेकानंद सही सन्यासी और बड़े ब्रह्मचारी थे। उनके व्यक्तित्व का मूल सन्यास था। उन्होंने इस मीके पर मूर्धन्य गायक कुमार गंधर्व को भी याद किया। इस अवसर पर आईटीएम यूनिवर्सिटी के कुलपति प्रो. एसएस भाकर, सम-कुलपति डॉ. एसएन खेडकर, आईटीएम की डायरेक्टर डॉ. मीनाक्षी मजूमदार, कुलसचिव डॉ. ओमवीर सिंह, उप-कुलसचिव अनिल माथुर और आईटीएम ग्लोबल स्कूल के प्राचार्य सुजाश भट्टाचार्य मौजूद रहे।

ग्वालियर, शुक्रवार 13 जनवरी 2023

# दैनिक सत्याश्र

मध्यप्रदेश, छत्तीसगढ़, राजस्थान, उत्तरप्रदेश के शहरी एवं ग्रामीण अंचल में सर्वाधिक लोकप्रिय राष्ट्रीय हिन्दी दैनिक

## आईटीएम में स्वामी विवेकानन्द स्मारक व्याख्यान (प्रथम) का हुआ आयोजन



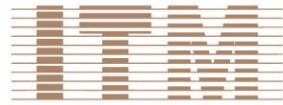
सत्याश्र न्यूज

ग्वालियर। आईटीएम यूनिवर्सिटी ग्वालियर द्वारा स्वामी विवेकानन्द स्मारक व्याख्यान (प्रथम) का आयोजन सिधौली परिसर स्थित नाद मंडप में किया गया। जहाँ विख्यात लेखक, संविधान विशेषज्ञ और स्वामी विवेकानन्द, महात्मा गांधी, नेहरू और डॉ. लोहिया के अध्येता कनक तिवारी बतौर मुख्य वक्ता शामिल हुये। कार्यक्रम की अध्यक्षता रमाशंकर सिंह, संस्थापक कुलाधिपति आईटीएम यूनिवर्सिटी ग्वालियर ने की। इस अवसर पर आईटीएम यूनिवर्सिटी के कुलपति प्रो. एसएस भाकर, सम-कुलपति डॉ. एसएन खेडकर, आईटीएम की डायरेक्टर डॉ. मीनाक्षी मजूमदार, कुलसचिव डॉ. ओमवीर सिंह, उप-कुलसचिव अनिल माथुर, आईटीएम ग्लोबल के प्राचार्य सुजाश

भट्टाचार्य मौजूद रहे। आईटीएम जीओआई की डॉ. मीनाक्षी मजूमदार ने सभी अतिथियों का स्वागत किया। वहीं मंच संचालन जयंत सिंह तोमर और अंत में आभार प्रदर्शन उप-कुलसचिव अनिल माथुर द्वारा किया गया। मेराविवेकानन्द वो नहीं जो भगवा कपड़े पहनता है, उपदेश देता है... कनक तिवारी आईटीएम यूनिवर्सिटी ग्वालियर के सिधौली परिसर स्थित नाद मंडप में आयोजित स्वामी विवेकानन्द प्रथम स्मारक व्याख्यान के अवसर पर व्याख्याता कनक तिवारी ने कहा कि मेरा विवेकानन्द कुछ अलग तरह का है। मेरा विवेकानन्द वो नहीं है कि जो भगवा कपड़े पहनता है। विवेकानन्द आसमान से नहीं टपके थे, मेरे विवेकानन्द सवाल पूछते थे। स्वामी विवेकानन्द स्मारक व्याख्यान में मुख्य वक्ता कनक तिवारी ने एक अच्छे पेरेंट्स को किस तरह अपने बच्चों को संस्कार दिये जायें, इसके बारे में बताते हुये कहा कि एक बार जब स्वामी विवेकानन्द ने अपने घर में माँ को अपशब्द कहे थे उस समय उनके पिता ने घर के बाहर छोटा सा वाक्य लिख दिया था, उन्होंने लिखा था कि यहाँ नरेंद्र रहता है, जो कभी-कभी अपनी माँ से अपशब्द कहता है। जब यह बात नरेंद्र के दोस्तों ने पढ़ी और उनसे कहा कि तुम अपनी माँ से अपशब्द भी कहते हो। तब नरेंद्र को अपनी गलती का अहसास हुआ और उन्होंने तुरन्त अपनी माँ से माफ़ी माँगी और कसम खाई कि कभी भी किसी से भी मैं अब अपशब्द नहीं कहूँगा।

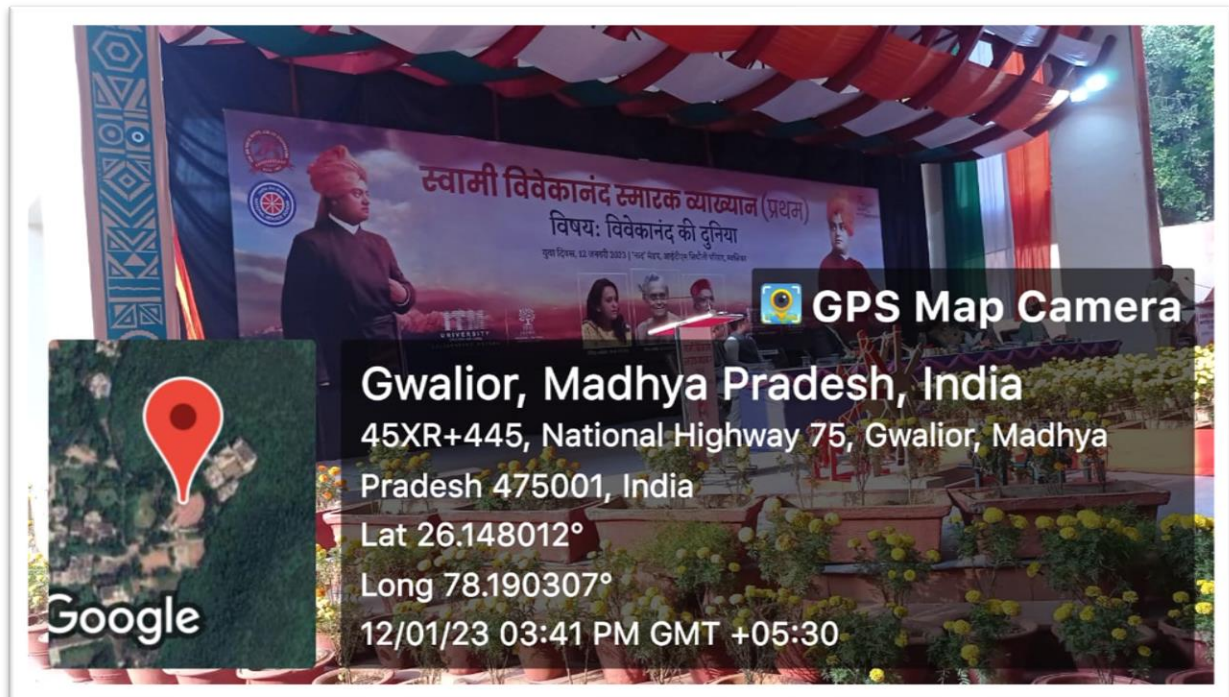
Media Coverage

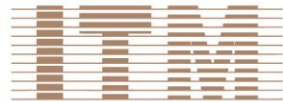




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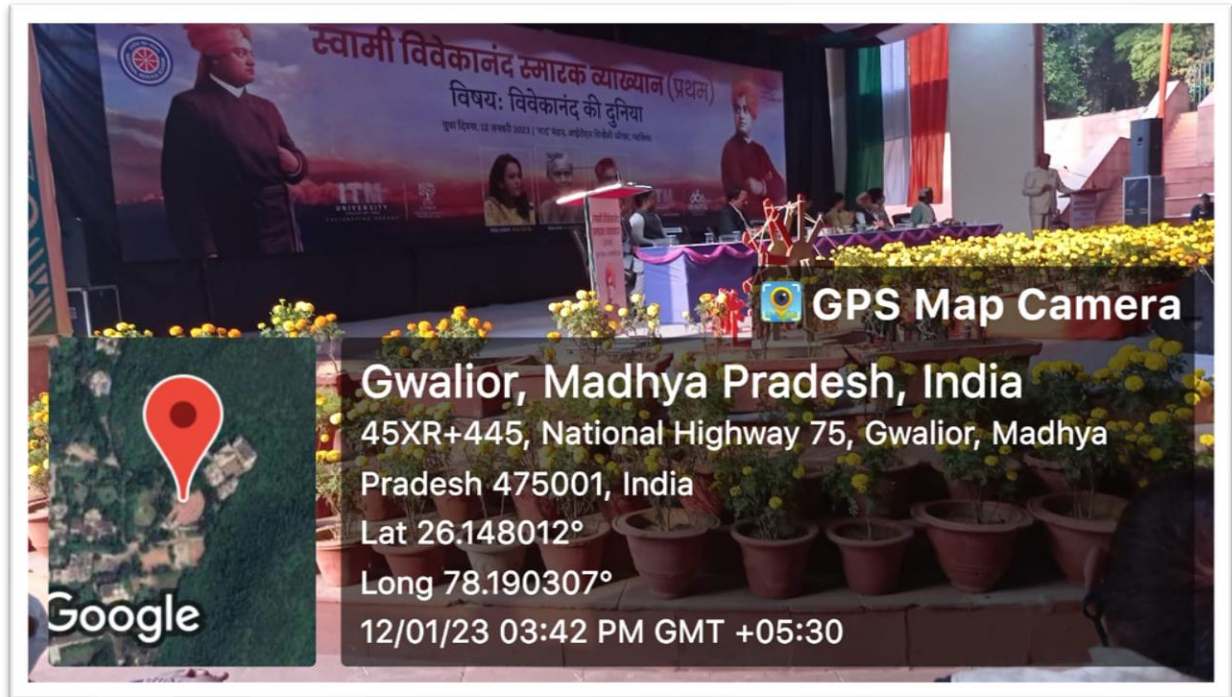
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Photos of Youth Day expert delivering lecture



Photos of Rally at Jiwaji University

## 10. “National Voters’ Day”

**Date-25/01/2023**

**Venue- VSB Hall**

### **Objective:**

The objective of National Voters’ Day 2023 was to promote voter participation, especially among youth, and raise awareness about the importance of democratic rights and responsibilities.

### **Report**

With a hope to encourage the youth and new voters to participate in the political process, Government of India has decided to celebrate January 25 every year as “National Voters’ Day”. It was from 25 January 2011 to mark the foundation day of Election Commission of India.

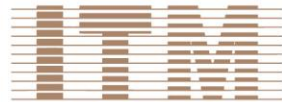
The Election Commission of India (ECI) is an autonomous and permanent constitutional body responsible for organising free and fair elections in the Union and States of India. The Constitution grants the ECI with the power of direction, superintendence, and control of elections to Parliament, state legislatures, the office of president of India and the office of vice-president of India. Keeping the National Voters’ day in mind, Literary club in collaboration with National Service Scheme (NSS) has organised an essay writing competition on the topic “Electoral literacy for stronger democracy”. Literary club has always been organising events to enhance one’s knowledge and confidence . Before this literary club has organised events like quiz competition, open mic, short storytelling and many more. Before the start of the competition, the participants and faculty members took pledge for free and fair Election. Having said that, the participants with a sense of responsibility took part in the competition and showed full enthusiasm. The rules for the competition were as follows:-

- All the participants were given 45 minutes to complete the essay.
- The essay must contain 500 to 700 words
- The essay could be in both the languages i.e Hindi or English.

During the event literary club coordinator Mrs. Chanchal Meghani along with NSS coordinator Dr. Sudha Rani were present. The moderation of the program was done by Vice President of literary club Ms. Sandhya and it was well coordinated by secretary of literary club Ms. Amisha Sharma. And other members of the club.

### **Impact/Outcome:**

National Voters’ Day 2022 successfully engaged citizens across the country, encouraging voter registration and participation in the democratic process. The event facilitated the enrollment of new voters and promoted electoral literacy through educational initiatives and outreach



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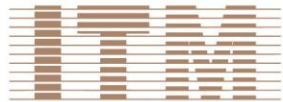
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programs. It reinforced the significance of active citizenship and democratic values, empowering individuals to exercise their right to vote and contribute to the democratic fabric of the nation.

**Participation Statistics:**

A total of 30 individuals attended the Voters competition including 20 males and 10 females, with two faculty representing various departments and student organizations within the university.



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Photos of Voters Day

## 11. Republic Day

Date-26/01/2023

Venue-NAAD Amphitheatre Sithouli campus

### **Objective:**

The objective of Republic Day 2023 celebrations was to commemorate the adoption of the Indian Constitution, reaffirming the nation's commitment to democracy, sovereignty, and unity.

### **Report**

On the occasion of Republic Day celebration at ITM Universe (ITM University, ITM College and ITM global school) and the volunteers of National Service Scheme Unit and NCC unit enthusiastically participated and gave various presentations.

First of all, the flag was hoisted by the Registrar of the ITM University Dr Omveer Singh and all the present sang the national anthem together.

After that, at the beginning of the program, on the auspicious occasion of Basant Panchami, Mother Veena Vadini was praised by National Service Scheme volunteers. After this group dance on patriotic song, dance were performed by the students and NSS volunteers presented a drama on various culture. In the same vein, patriotic songs were also presented enthusiastically by volunteers.

All the deans, hods staff and students gave their presence and programe was ended by sampurna Rastra Gana and sweet distribution.

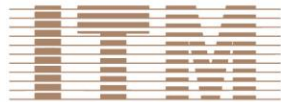
### **Impact/Outcome:**

Republic Day 2023 fostered a sense of national pride and unity among citizens, highlighting India's rich cultural heritage and its journey towards progress and development.

### **Participation Statistics:**

A total of 1000 individuals attended the Republic day , including 700 males and 300 females, representing various departments and student organizations within the university.

Additionally, 300 faculty members participated played a crucial role in organizing and facilitating the event, ensuring its success.



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Photos of Republic value







Media Coverage of republic day

## 12.REPORT ON VILLAGE SURVEY AT RORA VILLAGE

Date- 22/02/2023

Place- Sirol

### Objective:

The objective of the village survey conducted by NSS volunteers of ITM University in Sirol Village is to identify and understand the problems faced by villagers, enabling informed decision-making and targeted interventions for community development.

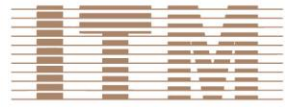
### Report:

NSS volunteers conducted a comprehensive survey in Sirol Village, engaging with residents to gather information on various socio-economic challenges, including access to healthcare, education, clean water, and employment opportunities. Data was collected through interviews, questionnaires, and observations, providing valuable insights into the needs and priorities of the community. 57 volunteers were involved 40 male and 17 female with 2 faculty.

### Outcome:

The survey outcomes will facilitate the development of tailored initiatives and interventions to address the identified challenges and improve the overall quality of life for villagers in Rora Village.

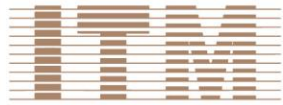




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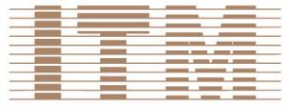




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**Photos of Volunteers interaction with villagers**

## 13.Awareness program on cybercrime

**Date-1/03/2023**

**Venue- VSB Hall**

### **Objective:**

The objective of the cybercrime awareness session conducted by Additional SP Rajesh Dandothiya is to educate individuals about the various forms of cybercrime, raise awareness about online safety measures, and empower participants to protect themselves and their communities from cyber threats.

### **Report:**

Additional SP Rajesh Dandothiya conducted an informative session on cybercrime awareness at a local community center. The session began with an overview of common types of cybercrime, including phishing, hacking, identity theft, and online fraud. Mr. Dandothiya provided real-life examples and case studies to illustrate the prevalence and impact of cybercrime on individuals and society.

Participants were educated about the importance of strong passwords, secure internet connections, and safe online behavior. Mr. Dandothiya shared practical tips and strategies for safeguarding personal information and recognizing potential cyber threats. The session also addressed emerging cyber risks, such as social engineering attacks and ransomware. 250 volunteers involved in the programme(168 boys and 82 girls )

Interactive discussions and Q&A sessions allowed participants to clarify doubts and seek guidance on specific cybersecurity concerns. Additionally, informational pamphlets and brochures were distributed to reinforce key messages and serve as references for participants to share with their families and peers.

### **Outcome:**

The cybercrime awareness session led by Additional SP Rajesh Dandothiya resulted in several positive outcomes:

**Enhanced Awareness:** Participants gained a deeper understanding of cyber threats and the importance of adopting proactive measures to protect themselves online.

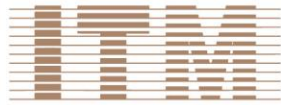
**Empowerment:** The session empowered individuals with practical knowledge and tools to identify and respond to cyber threats effectively, reducing their vulnerability to cybercrime.

**Community Engagement:** By engaging with community members, the session facilitated dialogue and collaboration in addressing cybersecurity challenges collectively.

Prevention: Armed with the information provided during the session, participants are better equipped to prevent cybercrime incidents and safeguard their personal and financial information.

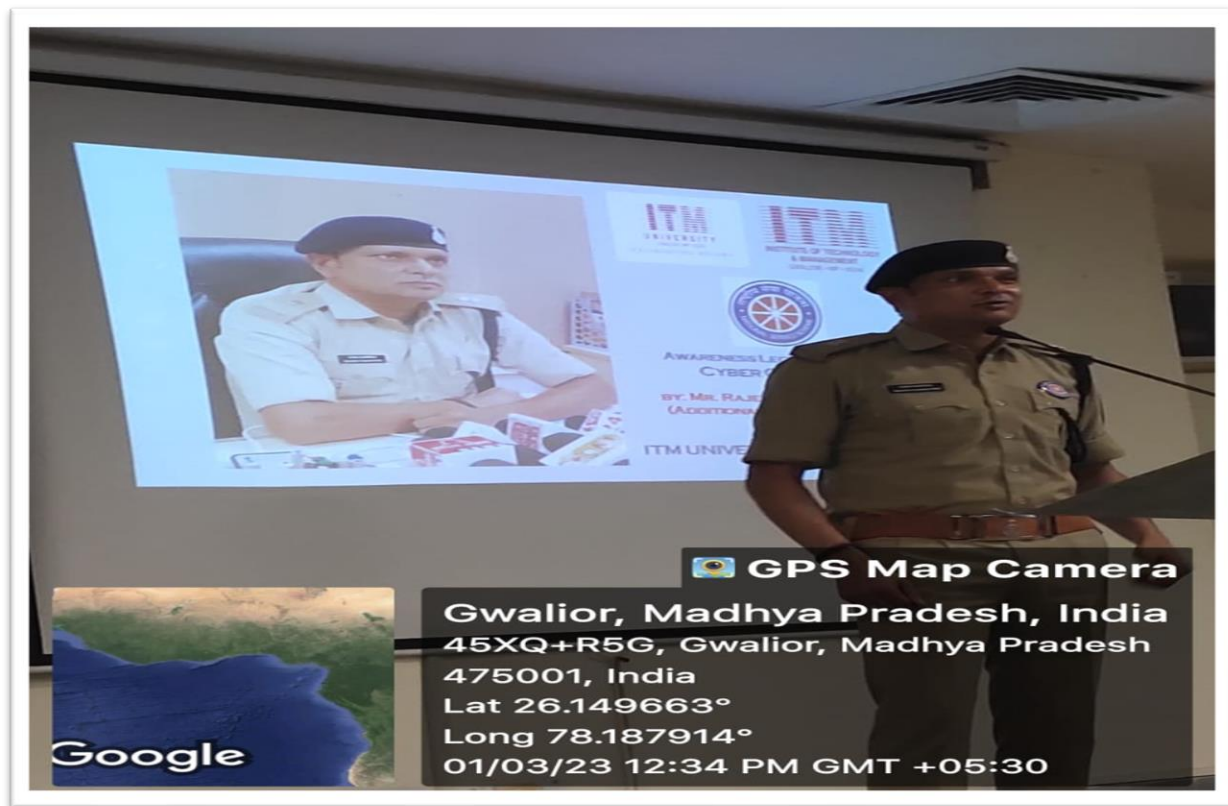
Long-Term Impact: The awareness session is expected to have a lasting impact on the community, promoting a culture of cybersecurity awareness and resilience against cyber threats.





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**Photos of Cyber-crime awareness by SP sir**

## **14.7 Days Unit Camp Cleaning of The Venue of Camp- Team Work**

**18/03/2023**

### **Objective of Team Work:**

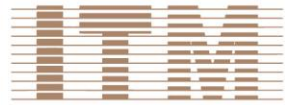
The objective of team work during the cleaning of the venue for the 7-day unit camp is to efficiently and collaboratively tackle the task at hand. By pooling together individual strengths, coordinating efforts, and supporting one another, the team aims to achieve a thorough and timely cleanup of the venue, ensuring a clean and conducive environment for the upcoming camp activities.

### **Report**

We reached at Maharajpur Village(GEV), Bhramakumari ashram on 18<sup>th</sup> March 2023. NSS volunteers together cleaned the campus of the stay all the camp participant enjoyed in the activity. Through the NSS the volunteers learn to work in cooperation and dedicate themselves to the society for rendering services. In the beginning in charge of NSS Dr Sudharani introduce and addressed all the volunteers regarding work allotment for next 7 days of NSS special camp. Then program officer addressed important of NSS Special camp. Finally took review on whole day. 89 Volunteers 70 boys and 19 girls with 3 faculty members.

### **Impact of Team Work:**

Team work fosters synergy, enhances productivity, and promotes camaraderie among team members. By working together towards a common goal, team members can leverage diverse skills and perspectives, leading to more innovative solutions and effective problem-solving. Additionally, team work promotes a sense of ownership and accountability, resulting in higher morale and satisfaction among team members.



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## 15.2 days School Health Education Program

Date-19/03/2023-20/03/2023

Place- Dangutina Village

### **Objective:**

The objective of the two-day school health education program by NSS volunteers of ITM University is to promote holistic well-being among school children by imparting knowledge and fostering healthy behaviors related to personal hygiene, nutrition, and preventive healthcare.

### **Report:**

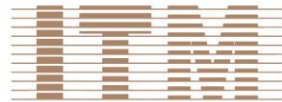
Day 1: NSS volunteers conducted interactive sessions at local schools, covering topics such as personal hygiene, including handwashing techniques, dental care, and sanitation practices. They utilized engaging presentations, role-plays, and demonstrations to enhance understanding and retention of key concepts. Additionally, volunteers distributed educational materials, including pamphlets and posters, to reinforce learning and serve as visual aids for students. 89 Volunteers 70 boys and 19 girls with 3 faculty members.

Day 2: Continuing the program, NSS volunteers focused on nutrition education, emphasizing the importance of a balanced diet for overall health and growth. They conducted discussions on food groups, portion sizes, and the significance of consuming fruits, vegetables, and whole grains. Interactive activities such as food pyramid games and recipe demonstrations further enriched the learning experience for students. Volunteers also facilitated discussions on preventive healthcare measures, including the importance of immunizations, regular health check-ups, and disease prevention strategies.

### **Outcome:**

The two-day school health education program led by NSS volunteers of ITM University yielded several positive outcomes:

**Increased Health Awareness:** Students gained a deeper understanding of personal hygiene, nutrition, and preventive healthcare practices, empowering them to make informed decisions about their health and well-being.



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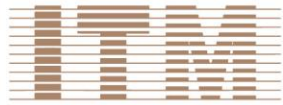
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**Adoption of Healthy Behaviors:** The program inspired students to adopt healthier habits, such as regular handwashing, dental hygiene practices, and making nutritious food choices, contributing to their overall physical health and wellness.

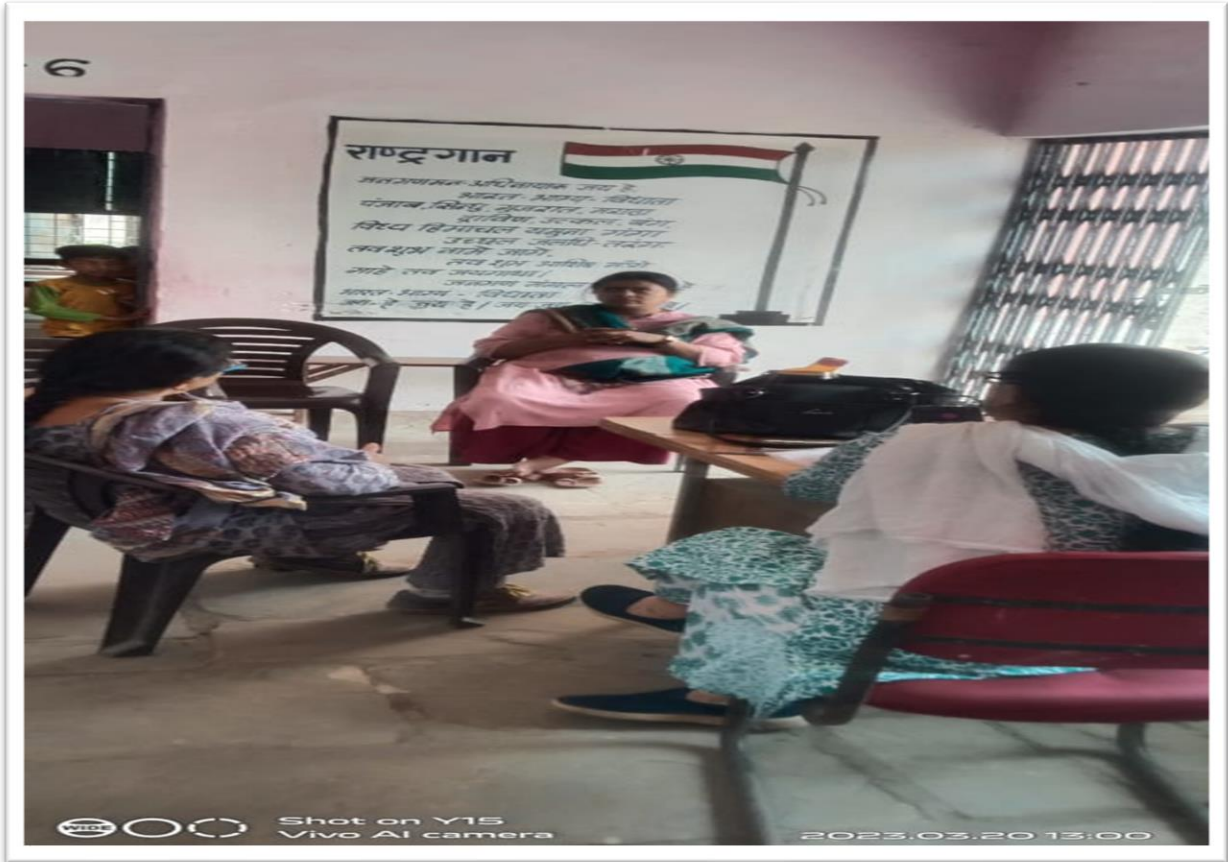
**Community Engagement:** The involvement of NSS volunteers fostered positive relationships between the university and local schools, promoting community engagement and collaboration in addressing health-related issues.

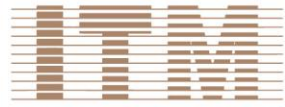
**Sustainable Impact:** By equipping students with essential health knowledge and skills, the program has the potential to create a lasting impact on their lives and the broader community, promoting a culture of health and well-being for years to come.



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## **16. Maharajpur village visit by NSS Unit ITM University volunteers and discussion with females on menstrual hygiene, family planning**

### **Objective:**

The objective of the visit by NSS Unit ITM University volunteers to Maharajpur Village is to raise awareness about menstrual hygiene and family planning among females, empowering them with knowledge and resources to make informed decisions about their reproductive health.

### **Report:**

Volunteers engaged in discussions with females in Maharajpur Village, addressing topics such as menstrual hygiene practices, importance of using sanitary products, and available family planning methods. Interactive sessions facilitated open dialogue, addressing misconceptions and providing access to information and resources. Volunteers also prepared a skit and showcased to the people. 89 Volunteers 70 boys and 19 girls with 3 faculty members.

### **Outcome:**

The discussions increased awareness among females about menstrual hygiene and family planning, promoting healthier practices and empowering women to take charge of their reproductive health decisions for improved well-being.







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## 17. EXPERT LECTURE MOTIVATING NSS VOLUNTEERS AND VILLAGE VISIT FOR ADOLESCENT EDUCATION

Date-21/03/2023

Venue-Malanpur

### **Objective:**

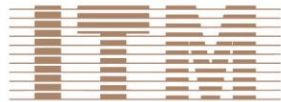
The objective of the village visit for adolescent education is to provide comprehensive knowledge and guidance to adolescents in rural communities on various aspects of health, hygiene, life skills, and personal development, fostering their holistic growth and well-being.

### **Report:**

During the village visit, interactive sessions were conducted with adolescents covering topics such as reproductive health, menstrual hygiene, nutrition, career guidance, and life skills. Engaging activities, discussions, and presentations were organized to facilitate learning and encourage participation. Additionally, informational materials and resources were distributed to reinforce key messages and serve as references for further learning. They had a session on “Role of NSS Volunteers towards nation Building” by Manoj Awasthi where NSS Volunteers were motivated. 89 Volunteers (70 boys and 19 girls) with 3 faculty members.

### **Outcome:**

The village visit for adolescent education resulted in increased awareness and knowledge among adolescents on essential health, hygiene, and life skills topics. Empowered with information and guidance, adolescents are better equipped to make informed decisions, adopt healthier behaviors, and navigate various challenges they may encounter as they transition into adulthood, ultimately contributing to their overall growth and well-being.



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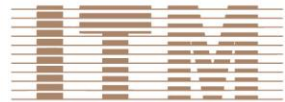
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Photos of village visit to Malanpur

Photos of expert lecture





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## **18.AWARENESS RALLY OF BETI BACHAVO BET PADA VO**

**Date-22/03/2022**

**Venue-Maharajpur**

### **Objective:**

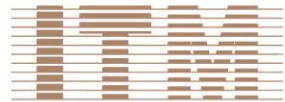
The objective of the awareness rally for "Beti Bachao Beti Padhao" (Save Girl Child, Educate Girl Child) is to advocate for gender equality, promote the importance of girls' education, and raise awareness about the need to combat gender-based discrimination and violence against women.

### **Report:**

The rally commenced with a flag-off ceremony, followed by participants marching through the streets, carrying banners, placards, and posters with messages supporting the initiative. Along the route, volunteers distributed informational pamphlets, engaged with the community through speeches and street plays, and facilitated discussions on gender empowerment and education. 89 Volunteers 70 boys and 19 girls with 3 faculty members.

### **Outcome:**

The awareness rally generated widespread attention and participation, sparking conversations and debates about gender equality and the importance of investing in girls' education. It fostered a sense of solidarity and commitment among participants and community members to support initiatives aimed at empowering girls and ensuring their rights to education, safety, and equal opportunities for growth and development.



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**Awareness rally photo and with villagers with Volunteers**

## **19. Historical Place Visit to Mitavali and Padavali**

**Date-23/03/2023**

**Place-Mitavali and Padavali**

Objective:

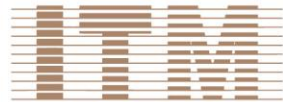
The objective of the historical place visit to Mitavali and Padavali is to explore and appreciate the architectural and cultural heritage of these ancient sites, gaining insights into their historical significance and preserving their legacy for future generations.

Report:

The visit to Mitavali and Padavali commenced with guided tours led by knowledgeable experts, providing insights into the architectural styles, sculptures, and inscriptions found at the sites. Participants explored the intricately carved temples, monuments, and ruins, immersing themselves in the rich history and cultural heritage of the region. 89 Volunteers 70 boys and 19 girls with 3 faculty members.

Outcome:

The visit to Mitavali and Padavali enhanced participants' understanding and appreciation of India's diverse heritage and historical legacy. It fostered a sense of pride and cultural identity, inspiring participants to advocate for the preservation and conservation of these ancient sites. Additionally, the experience sparked curiosity and interest in history and archaeology, encouraging further exploration and learning about India's past and cultural heritage.



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Photos of student visit to Mithavali and Padavali





## आईटीएम एनएसएस विंग का महाराजपुरा में सात दिवसीय विशेष कैंप आयोजित



सत्यास्र न्यूज

ग्वालियर। आईटीएम यूनिवर्सिटी ग्वालियर की राष्ट्रीय सेवा योजना इकाई द्वारा सात दिवसीय विशेष कैंप का आयोजन ब्रह्मकुमारी इश्वरीय विश्वविद्यालय महाराजपुरा में आयोजित किया गया। जहां बतौर मुख्य अतिथि आईटीएम यूनिवर्सिटी के प्रो-चांसलर डॉ. दौलत सिंह चौहान, वाइस चांसलर प्रो. एसएस भाकर, विशेष अतिथि के रूप में जीएसडीएस के विभागाध्यक्ष जयंत सिंह तोमर, आईटीएम इंजीनियरिंग एंड मैनेजमेंट के एनएसएस अधिकारी नरेंद्र वर्मा, एनएसएस के जिला अधिकारी

मनोज अक्स्थी, मालनपुर के सहायक उपनिरीक्षक जय सिंह तोमर, डांगगुठिना सरपंच बबिता देवी सहित स्वयंसेवी मौजूद रहे। आपको बता दें कि यह एनएसएस विशेष कैंप आईटीएम यूनिवर्सिटी एनएसएस की पीओ डॉ. सुधारानी बी. और उनकी सहयोगक प्रियंका गुप्ता के निर्देशन में आयोजित किया गया। एनएसएस कैंप के माध्यम से युवाओं में समाज के प्रति ईमानदारी का भाव होता है विकसित: प्रो-चांसलर डॉ. दौलत सिंह चौहान आईटीएम यूनिवर्सिटी ग्वालियर की एनएसएस विंग द्वारा आयोजित विशेष कैंप के समापन अवसर पर मुख्य अतिथि के रूप में शामिल हुये आईटीएम यूनिवर्सिटी ग्वालियर के प्रो चांसलर डॉ. दौलत सिंह चौहान ने कहा कि राष्ट्रीय स्वयं सेवा योजना का उद्देश्य एकता के साथ स्वच्छ समाज का निर्माण करना है। एनएसएस कैंप के माध्यम से स्वयंसेवकों में न सिर्फ समाज के प्रति ईमानदारी का भाव विकसित होता है बल्कि कर्तव्यपरायणता भी आती है। उन्होंने स्वयं सेवकों को राष्ट्रीय सेवा के प्रति सदैव तत्पर रहते हुये आगे बढ़ने के लिये प्रेरित किया। एनएसएस जीवन को बेहतर बनाने की सीख देता है: वाइस चांसलर प्रो. एसएस भाकर एनएसएस के विशेष कैंप में बतौर मुख्य अतिथि शामिल हुये आईटीएम यूनिवर्सिटी ग्वालियर के वाइस चांसलर प्रो. एसएस भाकर ने कहा कि एनएसएस सेवा भाव का कार्य है, जो जीवन को बेहतर बनाने की सीख देता है। इस कार्यक्रम का उद्देश्य ग्रामीणों और देश के नागरिकों को विभिन्न विषयों पर जागरूक करना है, क्योंकि भारत की आत्मा गांव में ही बसती है। गांवों के विकास से ही देश का विकास संभव है। उन्होंने कहा कि इस शिविर से स्वयंसेवियों में राष्ट्रीयता की भावना जागृत हुई है, शिविर के माध्यम से सभी प्रतिभागियों को अपनी क्षमताओं के अधिकतम प्रयोग की कला सीखने का अवसर मिलेगा।

### Photo of Media Coverage

## 20. Mothers Day Celebration

Date-14/05/2023

Place-JH Hospital Gwalior

### Objective:

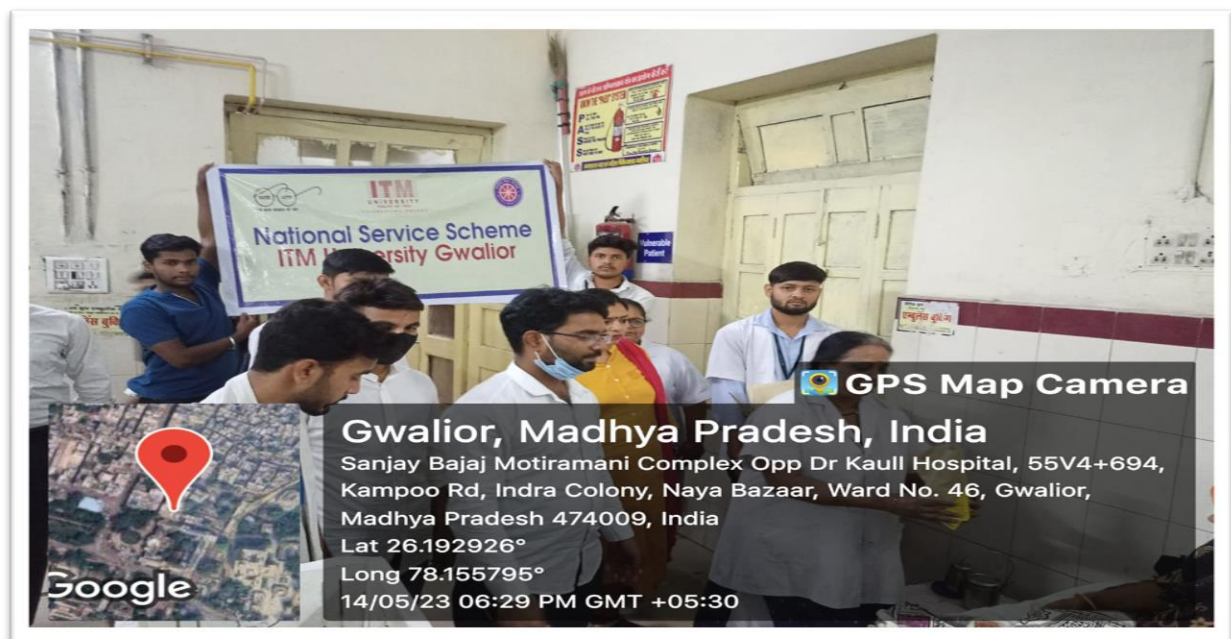
The objective of the Mother's Day celebration by NSS Unit ITM University on May 14, 2023, was to honor and appreciate the invaluable contributions of mothers and to promote their health and well-being by distributing nutritious fruits, juices, and biscuits.

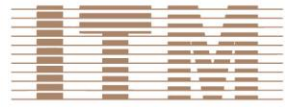
### Report:

The Mother's Day celebration commenced with a heartfelt tribute to mothers, recognizing their selfless love and sacrifices. NSS volunteers organized a distribution drive of fresh fruits, nutritious juices, and biscuits to mothers in the community. Volunteers engaged in conversations with mothers, expressing gratitude and offering support. Additionally, interactive sessions were conducted on the importance of maternal health and self-care. 29 Volunteers 20 boys and 9 girls with 1 faculty member.

### Outcome:

The Mother's Day celebration strengthened bonds within the community, fostering appreciation and recognition of maternal roles. By providing nutritious refreshments, the event promoted maternal health and well-being. It also encouraged dialogue on the significance of self-care and health awareness among mothers, contributing to their overall welfare and happiness.





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# आचरण

शुक्रवार 26 मई 2023 05

## आईटीएम यूनिवर्सिटी के एनएसएस विंग ने की मातृशक्ति सेवा

ग्वालियर। आईटीएम यूनिवर्सिटी ग्वालियर समाजसेवा के क्षेत्र में अग्रणी कार्य के लिये पहचान कायम रखे हुये है। इसी के तहत आईटीएम की एनएसएस विंग के स्टूडेंट्स ने समाजसेवा कर यूनिवर्सिटी की पहचान को संबल प्रदान करने का कार्य किया। इसी तारतम्य में मातृशक्ति सेवा के अंतर्गत कमलराजा हॉस्पिटल में प्रसुताओं को उपहार बांटे। एनएसएस कार्यक्रम अधिकारी डॉ. सुधारानी के मार्गदर्शन में स्टूडेंट्स ने सेवा कार्य किये।



आईटीएम यूनिवर्सिटी ग्वालियर द्वारा आयोजित मातृ सेवाभाव कार्यक्रम में आईटीएम एनएसएस विंग की कार्यक्रम अधिकारी डॉ. सुधारानी ने कहा कि हम अपने जीवन की परी को प्यार व्यक्त करने का सबसे सुखद और सरप्राइज तरीका ढूँढते हैं। एक मां और उसके अस्तित्व का प्यार इतना पवित्र है कि हर दिन उसकी प्रशंसा करनी चाहिये। उन्होंने कहा कि एक मां ही अपने परिवार की रीढ़ और स्तंभ होती है। वह सबकुछ त्याग कर सभी को खुश रखकर साबित करती है कि सच्चा प्यार क्या है। मां बिना ब्रेक लिए लगातार सातों दिन 24 घंटे काम करती है।



# परिवार की स्तंभ और रीढ़ होती है मां : सुधारानी

## आईटीएम के एनएसएस विंग ने की मातृ शक्ति सेवा

नगर संवाददाता ■ गवालियर

एक मां और उसके अस्तित्व का प्यार इतना पवित्र है कि हर दिन उसकी प्रशंसा करनी चाहिए। एक मां ही अपने परिवार की रीढ़ और स्तंभ होती है। वह सब कुछ त्याग कर सभी को खुश रखकर साबित करती है कि सच्चा प्यार क्या है।

यह बात एनएसएस कार्यक्रम अधिकारी डॉ. सुधारानी ने आईटीएम विश्वविद्यालय द्वारा आयोजित मातृ सेवाभाव कार्यक्रम में कही। एनएसएस विंग की छात्राओं ने कमलाराजा



अस्पताल में पहुंचकर सेवा कार्य किया और पोस्टनेटल वार्ड में भर्ती लगभग 80 माताओं को उपहार के रूप में फल, जूस और बिस्कुट प्रदान किए।

## 21.COMMUNITY SURVEY

Date-27/05/23-29/05/2023

Place-Rora

### **Objective:**

The objective of extension activities by the NSS Unit of ITM University is to engage students in community service projects that address social issues, promote sustainable development, and foster civic responsibility, thereby instilling values of empathy and leadership.

### **Report:**

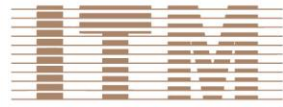
The NSS Unit of ITM University organized a series of extension activities, including cleanliness drives, health camps, and educational initiatives, in neighboring communities. Volunteers actively participated in these projects, collaborating with local authorities and stakeholders to address identified needs and challenges. Additionally, awareness campaigns on various topics such as literacy, health, and environmental conservation were conducted through workshops, seminars, and outreach programs.

ITM University NSS and UBA unit successfully completed a mega extension activities in the adopted rural villages. The volunteers under the guidance of the Program Officer of NSS Dr Sudharani completed the activity by planting and distributing 100 plus trees in the villages.

Volunteers started their activity on 27th May 2023 with the village survey of the govt on "youth not in formal education or regular employment" for the age 15-29 during which volunteers did home survey on other aspects of environment sanitation, disease related , any other problem faced by the family. During these survey they educated the villagers on various aspects like Plastic Awareness, Hygiene , Early detection and disease prevention, awareness about govt schemes, MSME schemes, Village sanitation, Women Empowerment, Education continuation among rural adolescents etc. The activity was ended by planting and distributing 100 plus trees by Dr S S Bhakkar Vice Chancellor ITM University, Pro Vice Chancellor Dr Santosh Narayan Khedkar, Dr Sudharani, she also told the villagers that each volunteer would adopt one family and they will visit to them on regular basis to support them and help in solving the basic problems related to health and hygiene . During these 7 days activity the villagers appreciated the NSS efforts taken and also the work done was appraised by the university VC, Pro VC,Registrar and other university officials also.(150 boys and 100 girls participated in the seven days survey)

### **Outcome:**

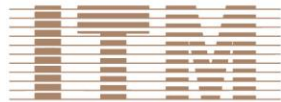
The extension activities by the NSS Unit of ITM University resulted in tangible improvements in the communities served, including cleaner environments, improved access to healthcare services, and enhanced educational opportunities. Furthermore, the engagement of students in community service fostered a sense of social responsibility and empathy, empowering them to become active agents of positive change in society.



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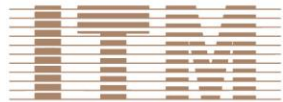


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Photos of Mega Extension Activities

## 22. World Tobacco Day awareness

Date-31/05/2023

Venue-Construction sites

Objective:

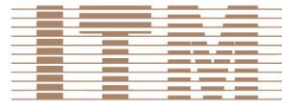
The objective of the World Tobacco Day awareness initiative by NSS Volunteers of ITM University on May 31, 2023, was to educate and raise awareness about the harmful effects of tobacco use on health, promote tobacco cessation, and advocate for tobacco control policies.

Report:

NSS volunteers organized a series of awareness activities, including poster campaigns, seminars, and interactive sessions, to highlight the dangers of tobacco consumption. Informational materials were distributed, and delivered talks on the health risks associated with tobacco use, strategies for quitting, and the importance of tobacco control measures to construction workers.

Every year World No Tobacco is observed with a different theme; this year, the theme of World No Tobacco Day 2023 is "We Need Food, Not Tobacco," according to the World Health Organisation. The 2023 global campaign aims to raise public awareness about the environmental impact of the entire tobacco cycle, from its cultivation, production, and distribution to the toxic waste it generates. Tobacco kills more people than any other addiction and it's time we educate people young and old people alike to stay away from tobacco. Volunteers of NSS ITM University under the guidance of Dr Sudharani NSS Program officer took initiation to educate the masonry workers involved in construction regarding the ill effects of chewing tobacco and smoking on health. They encouraged the workers at the construction site to take oath that the people who chew tobacco would stop and also educate others to stop chewing and use of any form of tobacco in any forms. 20 volunteers participated (15 boys and 5 girls)

Outcome:

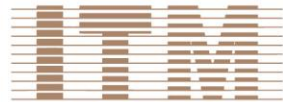


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The World Tobacco Day awareness initiative by NSS Volunteers of ITM University successfully educated students and the community about the detrimental effects of tobacco on health and well-being. The initiative inspired individuals to make informed choices regarding tobacco consumption, encouraged smokers to seek help for quitting, and promoted advocacy for stronger tobacco control policies, ultimately contributing to the reduction of tobacco-related diseases and mortality.



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Photos at Construction site



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# दैनिक भास्कर

शुक्रवार, 2 जून 2023

## छात्रों ने लोगों को अवेयर किया तंबाकू के दुष्परिणाम भी बताए



### आईटीएम यूनिवर्सिटी

ग्वालियर | आईटीएम यूनिवर्सिटी ग्वालियर की एनएसएस विंग द्वारा विश्व तंबाकू निषेध दिवस पर जागरूकता कार्यक्रम का आयोजन किया। इस दौरान वॉलेंटियर्स ने नशा छोड़ने के प्रति प्रेरित किया। उन्होंने ग्रामीणों को जागरूक करते हुए तंबाकू के दुष्परिणाम भी बताए।

एनएसएस के कार्यक्रम अधिकारी डॉ.सुधारानी ने इस अभियान का उद्देश्य बताया। अभियान के तहत गांव के अलावा श्रमिकों को जीवन में तंबाकू और उससे जुड़े उत्पादों को सेवन नहीं करने की शपथ दिलाई। कार्यक्रम में डीन डॉ. मिनी अनिल, रोशन यादव, गुरु कीरत कलेर, अंबाली पंचोली, शिल्पा धाकर आदि मौजूद रहीं।

06 पत्रिका  
ग्वालियर शुक्रवार, 02 जून 2023

# पत्रिका

## आइटीएम यूनिवर्सिटी का अवेयरनेस प्रोग्राम

### शरीर को खोखला कर देता है तंबाकू, इसे त्याग दें



**पत्रिका प्लस @ ग्वालियर .**  
आइटीएम यूनिवर्सिटी की एनएसएस विंग की ओर से विश्व तंबाकू निषेध दिवस के उपलक्ष्य में जागरूकता कार्यक्रम हुआ। एनएसएस की कार्यक्रम अधिकारी डॉ. सुधारानी के मार्गदर्शन में एनएसएस वालंटियर्स ने आमजन को नशा छोड़ने के प्रति प्रेरित किया। डॉ. सुधारानी ने बताया कि डब्ल्यूएचओ के अनुसार इस बार की थीम चवी नीड फूड, नॉट टोबैकोद्य रखी गई है। इस अभियान का उद्देश्य संपूर्ण तंबाकू चक्र के

पर्यावरणीय प्रभाव, इसकी खेती, उत्पादन और इसके द्वारा उत्पन्न जहरीले कचरे के वितरण के बारे में सार्वजनिक जागरूकता बढ़ाना है। तंबाकू किसी भी अन्य लत की तुलना में अधिक लोगों की जान ले लेती है। इसलिए हम सभी को चाहिए कि तंबाकू की लत छुड़ाने के लिए लोगों को शिक्षित करें और उन्हें तंबाकू के नशे से दूर रहने के लिए प्रेरित करें। इस अवसर पर डीन डॉ. मिनी अनिल, रोशन कुमार यादव, गुरु कीरत कलेर, अंबाली पंचोली, शिल्पा धाकर मौजूद रहे।

### Media Coverage